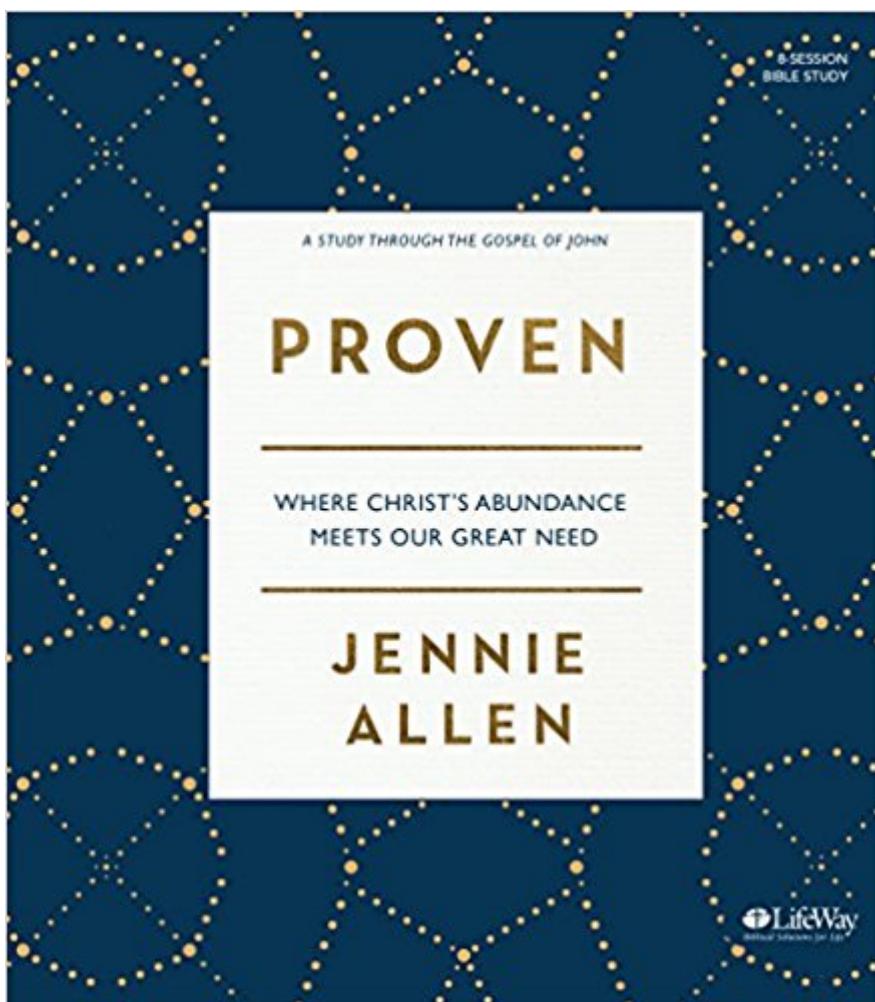


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# Proven – Bible Study Book: Where Christ's Abundance Meets Our Great Need



## Synopsis

You don't have anything to prove. Too many of us walk through life feeling as if we don't measure up. We always seem to thirst for more. We think if we could only work harder or be better, we could be enough. But the truth is, we will never be enough. And thankfully, we don't have to be. In this 8-session study, Jennie Allen walks through key passages in the Book of John to demonstrate how only Jesus is enough. We don't have to prove anything because Jesus has already proven everything. Discover how our thirsty hearts can only be quenched by the living water.

Features:

- Leader helps to guide questions and discussions within small groups
- Seven weeks of personal study segments to complete between eight weeks of group sessions
- Five days of study within each week of personal study

Benefits:

- Learn to take hold of what has already been given to you in Christ
- Stop trying to prove yourself because Jesus has already proven everything
- Look to Jesus for your satisfaction
- Overflow with Christ's abundance, and bring life to others
- Remind yourself of who you are in Christ with Scripture
- Grow in biblical literacy with this exploration of the Gospel of John

## Book Information

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## Customer Reviews

Jennie Allen is a Bible teacher marked by personal authenticity and vulnerability. She encourages women to go to these same places as they study Scripture, wrestle with truth, and more fully live out their short time on this planet. Jennie birthed IF:Gathering and

IF:EquipÃ¢â€žâ¢ gathering, equipping, and unleashing the next generation to live out their purpose.

Love this bible study! It aligns biblically and has great observation questions that get you into your Bible and thinking about what the passage means for us today. There are challenges at the end of each week that are so fun and really get you outside of your comfort zone. Nothing too crazy, but just right. Like a night without electricity! I would definitely recommend this study and its even more fun doing it as a group.

Excellent book for worn out Christians.

excellent book, easy to follow - using it for a Women's bible study group at my church.

Wonderful study! Jennie Allen is smart and on target - especially for today's millenials.

Great study! The homework was really engaging.

Jennie Allen is always a great read and study

Yay!!! Another study by Jennie Allen. As a study leader for over 20 years, I've found Jennie's studies to be excellent and loved by both large and small groups, college-aged, middle-aged and every age in between. Her material is rich and deep without being as time consuming as Beth Moore's studies. (Which I love, but find many don't have time for.) The variety in Jennie's workbooks (the questions, stories and even drawing/doodling pictures!) along with the conversation cards (these are genius because the leader gets to share responsibility with others reading questions!) keeps everyone enthusiastic and engaged. I read Proven, and found it full of wisdom and depth of insight. Jennie's experiences framed in her love and study of scripture bring much needed light on the subject of living free from the weights of people-pleasing and fear of failure that inhibit so many of us from living to our full-of-faith potential. FIVE STARS!!!

Jennie reminds us of so much hard, but freeing Truth in this study. The world tells us that we are wanted for our performance. Our Maker tells us He wants us for our presence. The world tells us we have to look a certain way. He tells us we must only believe a certain Way. And then there's our past. It whispers lies and reminds us of our failures. But then there's a Person. He whispers love and

reminds us of our freedom. We are no longer bound by our performance or possessions. We live for the audience of One. We can be convinced of His unfailing ~ proven ~ love. And, by grace, our focus will shift from building 'my' life to Kingdom building. Proven has been like a deep breath of Brave. Where He is calling me to "risk" doing small things supremely well, rather than dreaming of doing big things . And He is graciously wooing my heart into the art of hiddenness, rather than the aim of being known. Because He sees and knows me best. And He has proven time and again ~ that He is Enough. Thank you, dear Jennie, for giving us more of Jesus through your own vulnerable journey of living "nothing to prove".

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